

STUDENT SERVICES

JANUARY 2025



FALCONER MIDDLE/HIGH SCHOOL ► 2 EAST AVENUE, FALCONER ► (716) 665-6624

New Year. New You.

A Note from Student Services



The New Year marks a time of renewal and reflection, offering a fresh start and an opportunity to set new goals. As the calendar turns, people around the world celebrate with traditions, resolutions, and hopes for the future. It's a moment to look back on the past year, acknowledging both achievements and challenges, while embracing the promise of new possibilities. Whether through quiet introspection or lively celebrations, the New Year serves as a collective reminder of the cyclical nature of time and the chance to begin again with purpose and optimism.

Academics

What is Homework?

Homework is school work to be done at HOME or at least completed outside of regular class time. Its purpose is to reinforce concepts learned in class, help you practice academic skills, and promote independent learning skills. Independent skills are needed for your future success when you start your career!

As you transition into high school, the workload tends to increase. It is dependent on your course load and whether you are taking advanced courses.

Grade Level	Time Spent on Homework (Assignments, Reading, Studying, Organizing)
6th Grade	Up to 60 Minutes
7th Grade	Up to 70 Minutes
8th Grade	Up to 80 Minutes
9th Grade	Up to 90 Minutes
10th Grade	Up to 100 Minutes
11th Grade	Up to 110 Minutes
12th Grade	Up to 120 Minutes

HS upcoming events

- 1/21/25-1/24/25 NYS Regents Exams
- 1/22/25 FAFSA Completion Night 6PM-8PM
- 1/30/25 St. Bonaventure University Visit

Social Emotional Learning

As we step into the New Year, social and emotional learning (SEL) offers a valuable opportunity for personal growth and connection. This year, prioritizing (SEL) means fostering strong interpersonal relationships, understanding and managing emotions, and developing effective communication skills. By integrating (SEL) into daily life, whether at school, work, or in personal relationships, we can create a more supportive environment that nurtures our well-being and equips us to navigate both the ups and downs of the year ahead with greater emotional intelligence and compassion.



What's happening in Middle School

• SPREAD •
Kindness

IT TAKES
COURAGE
-TO BE-
KIND-

The January Theme Of The Month Is **Kindness**



Let's go Ice Skating!



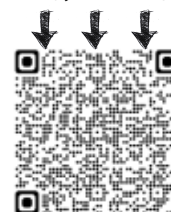
Saturday January 18th
Sign up sheet coming soon--free for the whole family!

UPMC is hosting the **Junior Health Care Explorers Program**, which offers MS students the opportunity to explore a wide range of exciting healthcare careers!

Program Details:

- When: Saturdays, 9:30 AM - 11:00 AM
- Dates: January 25th - April 26th
- Where: Virtual (via Microsoft Teams)
- Cost: FREE!
- Who: Open to students in grades 6 - 8

CHECK THIS OUT!



Stay in touch



Ms. Odell Grades 6-7
Mrs. Sollenne Grades 8-9
Mrs. Warren Grades 10-12
(Last Names A-J)

Mrs. Barber Grades 10-12
(Last Names K-Z)

Mrs. Freeman - Social Worker
Ms. Warner - School Psychologist

kodell@falconerschools.org
msollenne@falconerschools.org
twarren@falconerschools.org

cbarber@falconerschools.org

kfreeman@falconerschools.org
awarner@falconerschools.org

Ext 4231
Ext 4228
Ext 4227

Ext 4226

Ext 4326
Ext 4222

Social Media

THINK BEFORE YOU POST

Make sure it is:



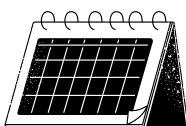
T rue
H elpful
I nspiring
N eeded
K ind



If not then don't post it!

Looking Ahead

- 1/20/25 Martin Luther King Jr. Day-no school
- 1/21/25-1/24/25 NYS Regents Exams
- 1/24/25 Quarter 2 ends & 1/2 day for all students
- 1/29/25 Lunar New Year-no school



Resources

Are you in need of clothing this winter? Check out...

The Falcons Nest Clothing Closet

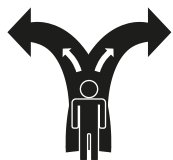
Where: HS Room 132 / Credit Union

Who can shop: All students but you must be accompanied by an adult

Clothes in the closet are free of charge



Support Services



We want to remind you that the Student Services Office is here to support you! If you have any concerns—whether they are academic, career-related, social, emotional, or personal—please don't hesitate to reach out.

We genuinely care about you and your family, and we're committed to helping you navigate any challenges you may face.

www.fafsa.gov

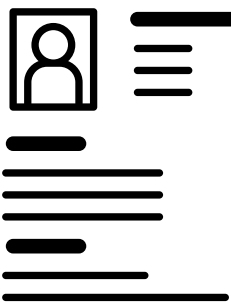
FAFSA Facts

Free Application for Federal Student Aid

- Open December 1st, 2024
- All students should file a FAFSA
 - Determines need-based financial aid from the Federal Government
 - Determines eligibility for Federally funded scholarships, grants, and loans
 - Information is used by the college to award private scholarships
 - Qualifies students for loans
 - Qualifies students for work-study opportunities
- Requires information about students and parents
- Students/Families who decide **NOT** to complete the FAFSA must sign a Waiver Form indicating that the student understands what the FAFSA is and has chosen not to file.

College/Career

RESUME



As students start thinking about their futures, it is important to get involved in the school and community! Volunteering and acquiring community service hours are crucial for making you stand out on your resumes when submitting college and job applications. There are several opportunities out there for community service. If you would like more information, please see your counselor!

Volunteer activities that are listed on your resume will also be useful when applying for scholarships which are available as early as January 2025! Visit the Scholarship page on the FCS Counseling website for more information.



Tech Tips

Update Your Chromebook Regularly!



Click the clock in the bottom right hand corner.
Go to Settings.
Click on "about Chrome"

Support Services